

Guide for Speakers

Please read through this document carefully before planning to give a talk!

We recommend new speakers to follow a Speakers Training provided by the Outreach & Training group. If this is not possible, a new speaker should in any case familiarise themselves with the talk by attending one or more of them. It is also highly advisable to give your first talk with a more experienced speaker.

Step 1: Let's meet!

Communication between the Outreach and Training group and speakers, and between all of us will take place on Mattermost. You can sign up for Mattermost by using this [link](#). Once you've signed up, please join the "OxT - Speakers" channel [by clicking this link](#).

If you would prefer not to join Mattermost, please email us at outreach@extinctionrebellion.nl and we will try to accommodate your request.

Step 2: Get access to your resources

Everything you are going to need to give the talk is stored on a folder on Google Drive. You can access this folder [here](#). In the folder, you will find the presentation slides, the speaker notes, and the sign-up sheet in both Dutch and English.

Step 3: Prepare the presentation

Go through the presentation and speaker notes carefully - they contain a lot of details and you don't want to simply read everything from the slides but make a storyline around it. It is always good to prepare the presentation "dryly", i.e. watching the presentation slides and simply saying what you want to say. If you feel too uncomfortable talking while alone, you could always ask someone (or us) to watch you practice.

Step 4: Give a presentation!

The most exciting part! Organize your own presentation! If you need help with this, ask us in the Mattermost group. And maybe ask for a buddy or two to help you out.

Make sure to:

- Prepare the presentation carefully. You owe this to your audience.
- Download the slides or make a copy on your own Google Drive, and then add local events at the end of the slides (don't edit the original, as obviously needs to be reused).
- Be at least 20 minutes early at the location. You never know whether the beamer does not cooperate, or something else goes hayward.

Invites for other locations (for example contacted by OxT people) or organisations inviting us to give the talk will appear on Mattermost.

Step 5: End of the talk - Sign up!

Hopefully your presentation has convinced some of your audience to join XR or the actions! At the end of your slides, you will find a slide providing several options for people to sign up:

1. Use this link to get the [Dutch Sign Up Form](#) and this link for the [English Sign Up Form](#)
2. Or scan the QR code on the end of the slide show
3. Or sign up using your laptop (in case people do not have a smartphone to sign up, you should have the [Outreach sheet](#) downloaded on your laptop)
 - a. After the talk, please sign them up yourself using the links of the [Dutch](#) or [English](#) sign up forms (depending on which language you gave the talk)

The online sign-up form will automatically send subscribers an email giving them all the information they need to get started and integrated in XR. They will also be part of the Newsletter (which they can always unsubscribe from).

Step 6: Socialise

If you have some time to spare, it is always nice to talk to the people who may have questions regarding the movement. Make them feel welcomed and excited about joining the movement. We hope this comes naturally:)

Talk with your buddies about what went right and what could be improved! If you have any suggestions or critique on the slides, it can be posted [here](#).

Our 10 Principles & Values are important to understand & take into account when you present the movement. Find them here in English & Dutch.

1. WE HAVE A SHARED VISION OF CHANGE
Creating a world that is fit for generations to come.
2. WE SET OUR MISSION ON WHAT IS NECESSARY
Mobilising 3.5% of the population to achieve system change – using ideas such as “Momentum-driven organising” to achieve this.
3. WE NEED A REGENERATIVE CULTURE
Creating a culture which is healthy, resilient and adaptable.
4. WE OPENLY CHALLENGE OURSELVES AND THIS TOXIC SYSTEM
Leaving our comfort zones to take action for change.
5. WE VALUE REFLECTING AND LEARNING
Following a cycle of action, reflection, learning, and planning for more action. Learning from other movements and contexts as well as our own experiences.
6. WE WELCOME EVERYONE AND EVERY PART OF EVERYONE
Working actively to create safer and more accessible spaces.

7. WE ACTIVELY MITIGATE FOR POWER
Breaking down hierarchies of power for more equitable participation.
8. WE AVOID BLAMING AND SHAMING
We live in a toxic system, but no one individual is to blame.
9. WE ARE A NON-VIOLENT NETWORK
Using non-violent strategy and tactics as the most effective way to bring about change.
10. WE ARE BASED ON AUTONOMY AND DECENTRALISATION
We collectively create the structures we need to challenge power. Anyone who follows these core principles and values can take action in the name of Extinction Rebellion.

Nederlands

1. WIJ HEBBEN EEN GEDEELDE VISIE OP VERANDERING
Wij willen een wereld doorgeven waarin ook de generaties na ons goed kunnen gedijen.
2. WIJ RICHTEN ONZE MISSIE OP WAT NODIG IS
waarbij we 3,5% van de bevolking mobiliseren. Dit is de kritische massa die nodig is om een systeemverandering te bewerkstelligen.
3. WIJ HEBBEN BEHOEFTE AAN EEN REGENERATIEVE CULTUUR
oftewel: een gezonde en veerkrachtige cultuur die meebeweegt met de omstandigheden.
4. WIJ STELLEN ONSZELF EN ONS VERGIFTIGENDE SYSTEEM AAN DE ORDE
door buiten het gebruikelijke te treden en door in actie te komen voor verandering.
5. WIJ HECHTEN WAARDE AAN LEREN EN REFLECTIE
We doorlopen een cyclus van actie, reflectie, leren en vervolgens weer nieuwe actie. We leren van andere bewegingen en perspectieven én van onze eigen ervaringen.
6. IEDEREEN IS WELKOM EN ALLES WAT JE BRENGT IS WELKOM
We willen laagdrempelig zijn en we willen dat iedereen zich veilig voelt binnen de beweging – en daar zetten we ons voor in.
7. WIJ WERKEN ACTIEF AAN HET ONSCHADELIJK MAKEN VAN MACHTSSTRUCTUREN
In plaats daarvan willen we eerlijke participatie van iedereen.
8. SCHAAMTE EN BESCHULDIGEN VERMIJDEN WE
We leven in een vergiftigend systeem, maar niemand is daar individueel voor verantwoordelijk.
9. WIJ ZIJN EEN GEWELDLOOS NETWERK
In onze strategieën en tactieken beoefenen we geweldloosheid. Voor ons is dit de meest effectieve manier om fundamentele verandering te bewerkstelligen.
10. WIJ GAAN UIT VAN AUTONOMIE EN DECENTRALISATIE
Samen creëren we de structuren om machtsuitoefening aan de orde te stellen. Iedereen die onze kernprincipes en waarden als uitgangspunt heeft, kan actie ondernemen uit naam van Extinction Rebellion!